



# Science to Action Conference: Microplastics

Panelists: Veronica Nava  
Monica Arienzo  
Madonna Dunbar  
Laura Patten

Facilitator: Alison Toy



**Science to Action:**

**Working Together to Build Resiliency at Lake Tahoe**

# **PLASTIC POLLUTION IN FRESHWATER ECOSYSTEMS WORLDWIDE**

**VERONICA NAVA**

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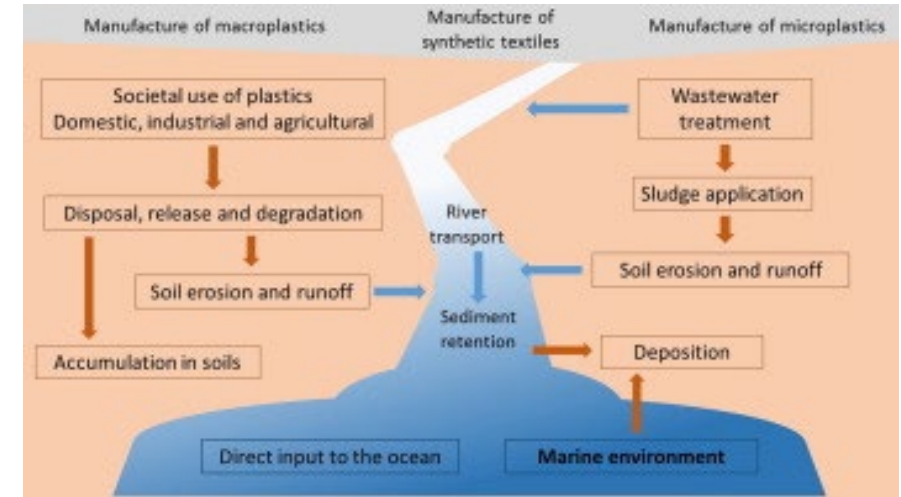
Visiting postdoc, Global Water Center, University of Nevada-Reno, Reno, USA



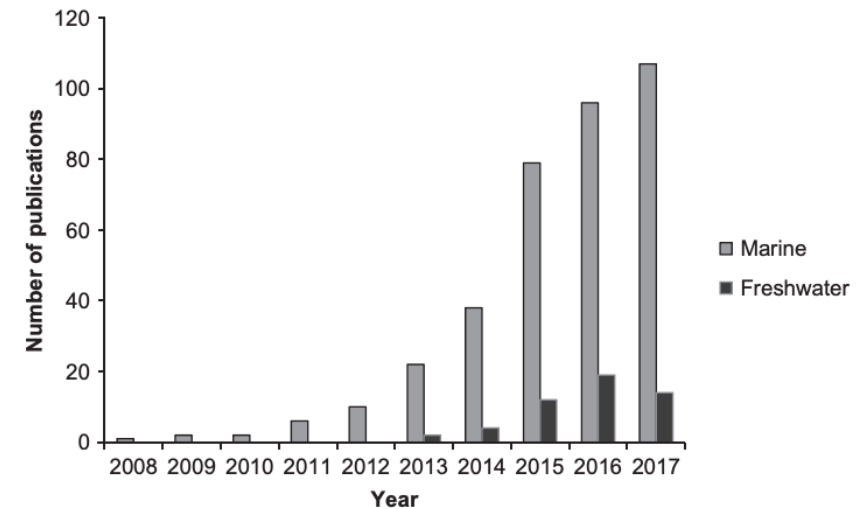


# GENERAL INTRODUCTION

- Rivers and effluents have been identified as major pathways for microplastics of terrestrial sources (Fischer et al., 2016; Mani et al., 2015)
- Studies of microplastic in freshwaters are still few and little quantitative data are available (Li et al., 2018)



From Horton *et al.*, 2017

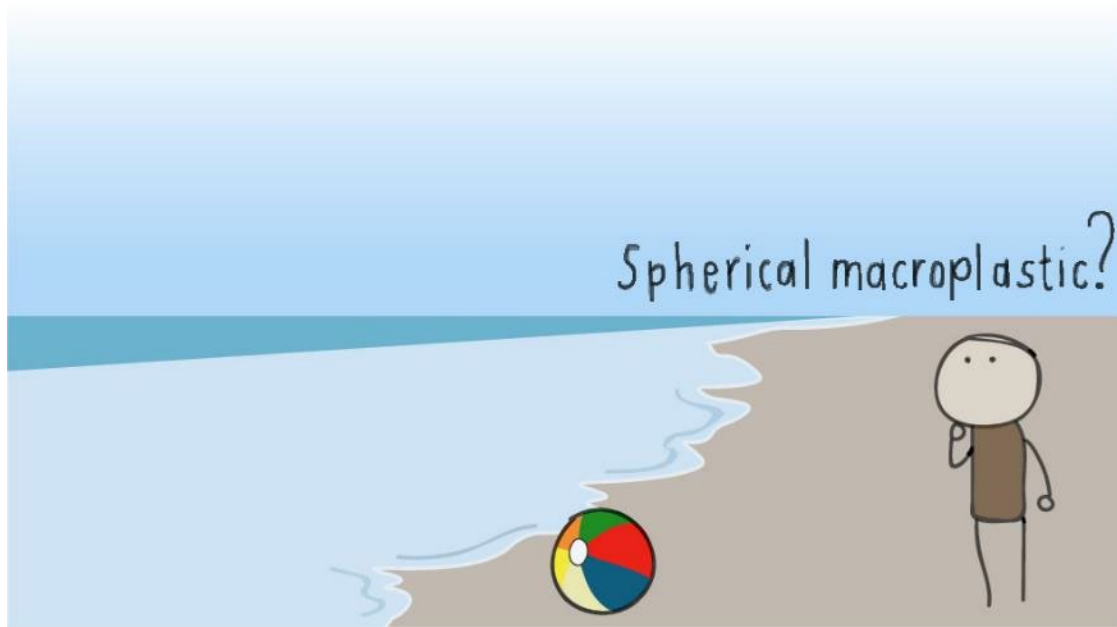


From Eerkes-Medrano & Thompson, 2018

# GENERAL INTRODUCTION

## Are We Speaking the Same Language? Recommendations for a Definition and Categorization Framework for Plastic Debris

Nanna B. Hartmann\*, Thorsten Hüffer\*, Richard C. Thompson, Martin Hassellöv, Anja Verschoor, Anders E. Daugaard, Sinja Rist, Therese Karlsson, Nicole Brennholt, Matthew Cole, Maria P. Herrling, Maren C. Hess, Natalia P. Ivleva, Amy L. Lusher, and Martin Wagner\*



- Lack a consensus on how to define and categorize plastic debris
- An ambiguous terminology results in confusion and miscommunication

# GENERAL INTRODUCTION



- There is the need to assess the influences of microplastics on ecosystem functions and food webs
- Despite the growing research efforts, the ecological implications linked to the presence of microplastics in aquatic ecosystems are still largely unknown (Bryant et al., 2016)

# TWO MAIN GAPS

1

LACK OF STANDARDIZATION, LESS DATA ON FRESHWATER ECOSYSTEMS

2

ECOLOGICAL IMPLICATIONS ARE UNKNOWN



## Article

# Plastic debris in lakes and reservoirs

<https://doi.org/10.1038/s41586-023-06168-4>

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 Check for updates

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# PLASTIC DEBRIS IN LAKES AND RESERVOIRS WORLDWIDE

We coordinated a global study to provide comparable data about microplastic contamination in different lentic systems around the globe.

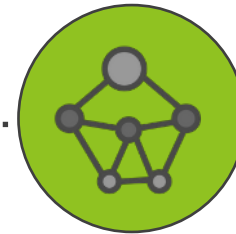
We addressed the following questions:



what is the **concentration of plastics and microplastics** in different freshwater systems worldwide?



what are the **features** (e.g., shape, color, dimension, polymeric composition) of these particles?

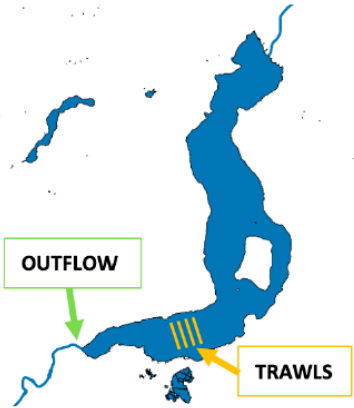


is there a relationship between the abundance of microplastics with **watershed and lake features**?

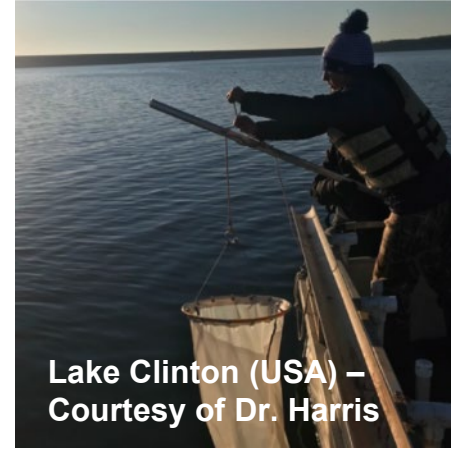


are there some **factors** that are likely to **greatly influence** the number of microplastics in surface water of lentic systems?

# PLASTIC DEBRIS IN LAKES AND RESERVOIRS WORLDWIDE



- Horizontal trawling of a plankton net
- Sampling occurred in the pelagic zone, near the major outflowing stream, with a direction of the trawls perpendicular to the outflow
- Three parallel trawls have been performed in each lake



Lake Clinton (USA) –  
Courtesy of Dr. Harris



Lake Võrtsjärv (Estonia) –  
Courtesy of Dr. Rõõm



Deer Lake (USA) – Courtesy of Dr. Doubek

# PLASTIC DEBRIS IN LAKES AND RESERVOIRS WORLDWIDE

EurekAlert!

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Archives / July 2023

Sciencepost

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By polishnews July 20, 2023

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SMART NEWS

## Lake Tahoe Plastics

The pristine lake has  
garbage patches in t



Sarah Kuta

Daily Correspondent  
July 24, 2023

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## Lake Tahoe has high concentration of microplastics, global research shows

Research published in Nature reveals  
concentrations of microplastics in 38  
lakes with plastic debris from textiles  
frequently identified

Science & Technology | July 12, 2023

Jennifer Theresa Kent

A plastic cup lays degrading on a Lake Tahoe  
beach near Incline Village, Nevada Friday, June 23,  
2023. (Jennifer Kent)



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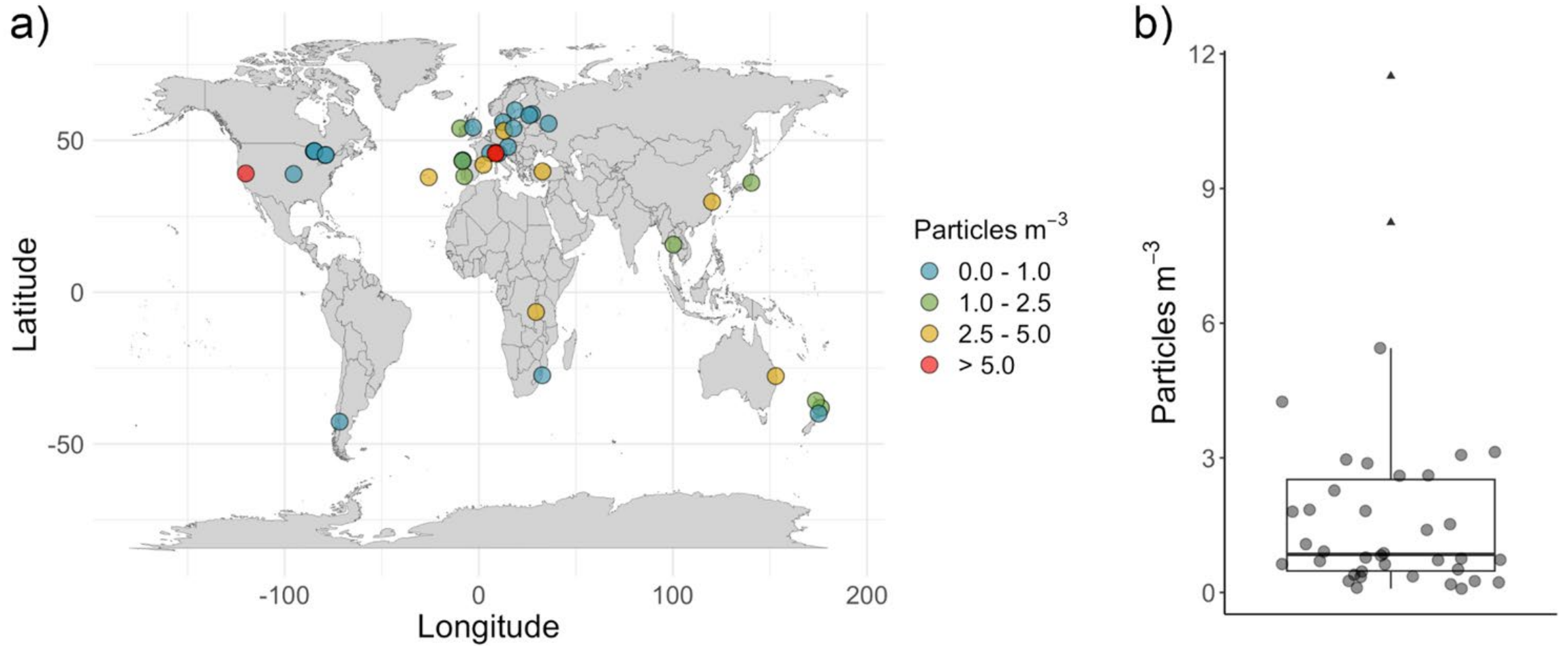
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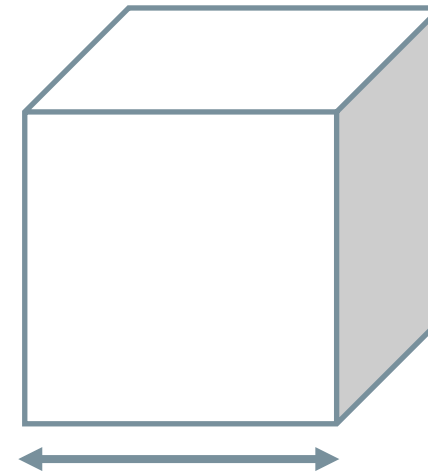
(Foto Getty Images)

# PLASTIC DEBRIS IN LAKES AND RESERVOIRS WORLDWIDE



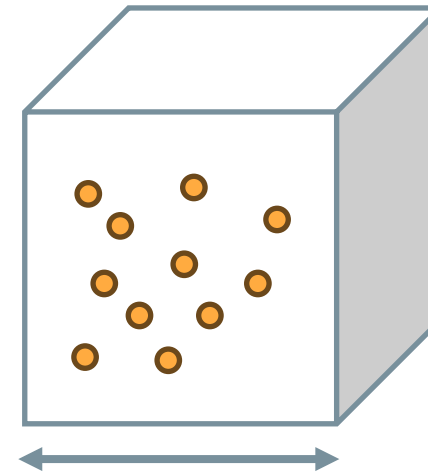
Concentration of plastics spanned four orders of magnitude, from  $10^{-3}$  to  $10^1$  particles  $m^{-3}$

# PLASTIC DEBRIS IN LAKES AND RESERVOIRS WORLDWIDE



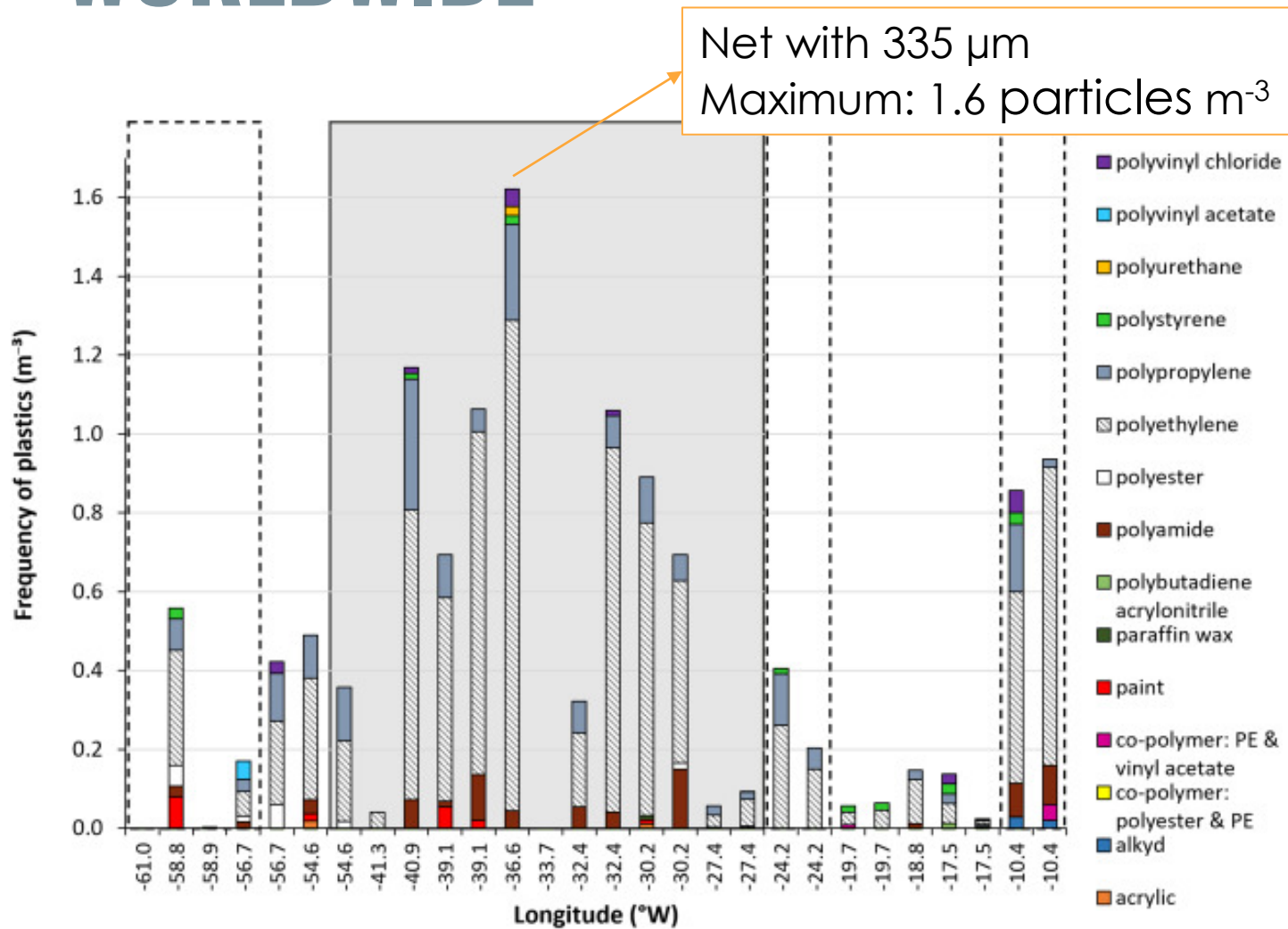
1 m = 3.2808 ft

# PLASTIC DEBRIS IN LAKES AND RESERVOIRS WORLDWIDE



1 m = 3.2808 ft

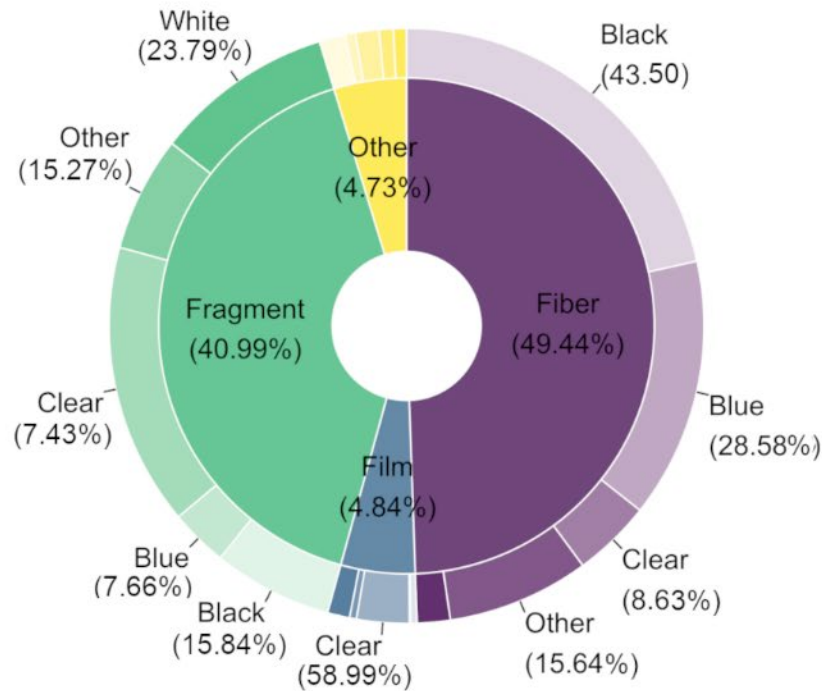
# PLASTIC DEBRIS IN LAKES AND RESERVOIRS WORLDWIDE



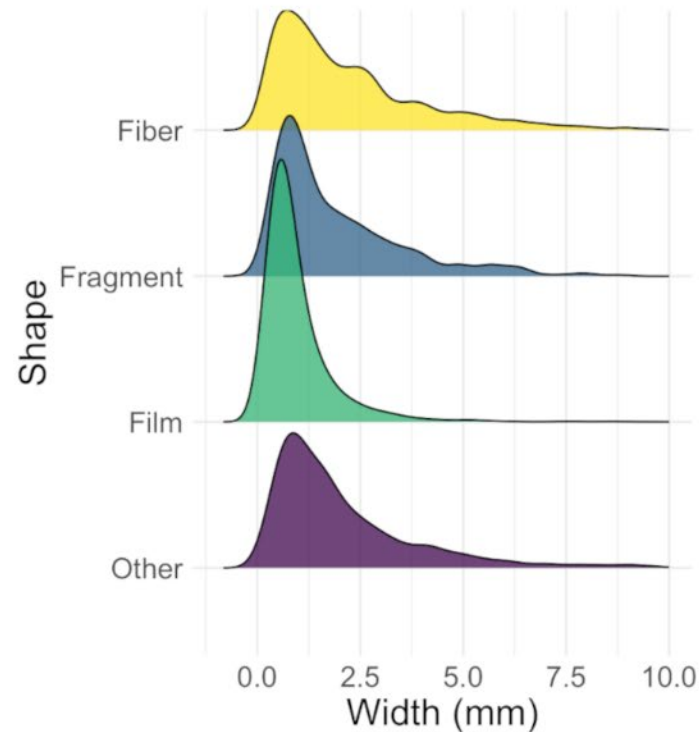
The greatest concentrations in our study (i.e., Lake Lugano with 11.5 particles  $\text{m}^{-3}$ , Lake Maggiore with 8.2 particles  $\text{m}^{-3}$ , and Lake Tahoe with 5.4 particles  $\text{m}^{-3}$ ) are considerably higher than those observed in the subtropical oceanic gyres, which are currently considered some of the greatest plastic accumulation zones in the world

# PLASTIC DEBRIS IN LAKES AND RESERVOIRS WORLDWIDE

c)



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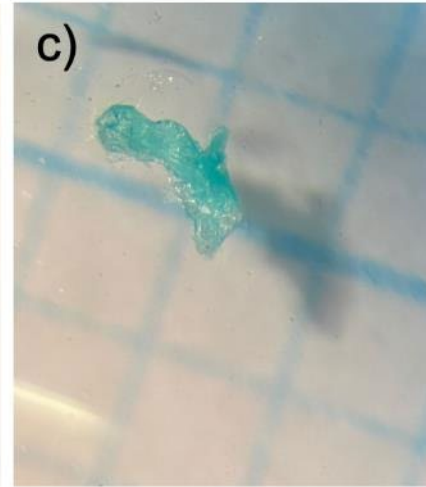
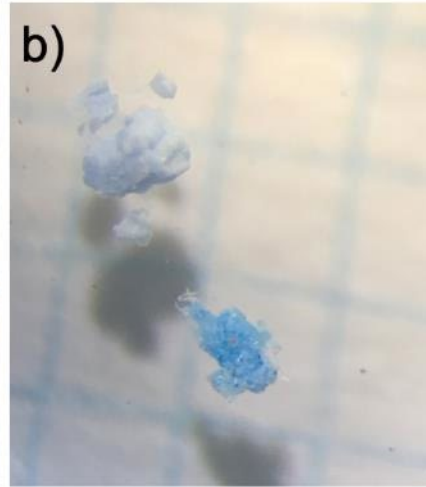


More than 90% of the plastic particles belonged to two shape categories, **fibres** (49.4%) and **fragments** (41.0%)

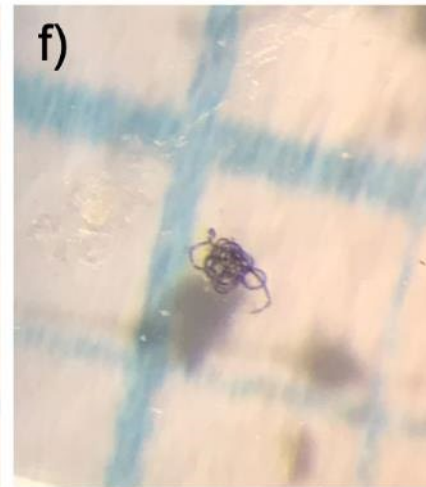
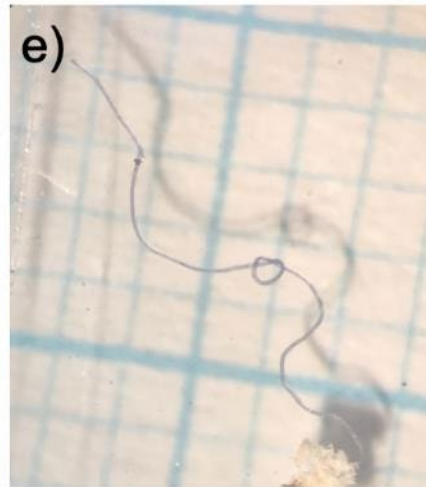
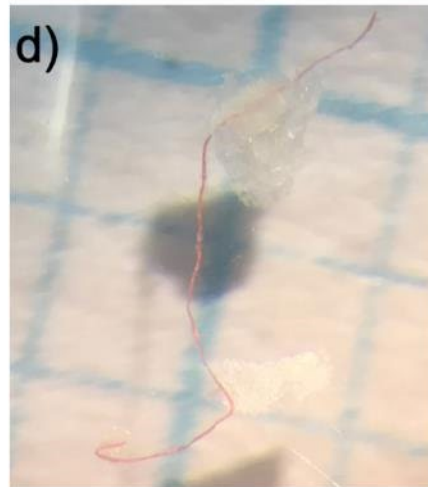


# PLASTIC DEBRIS IN LAKES AND RESERVOIRS WORLDWIDE

FRAGMENTS

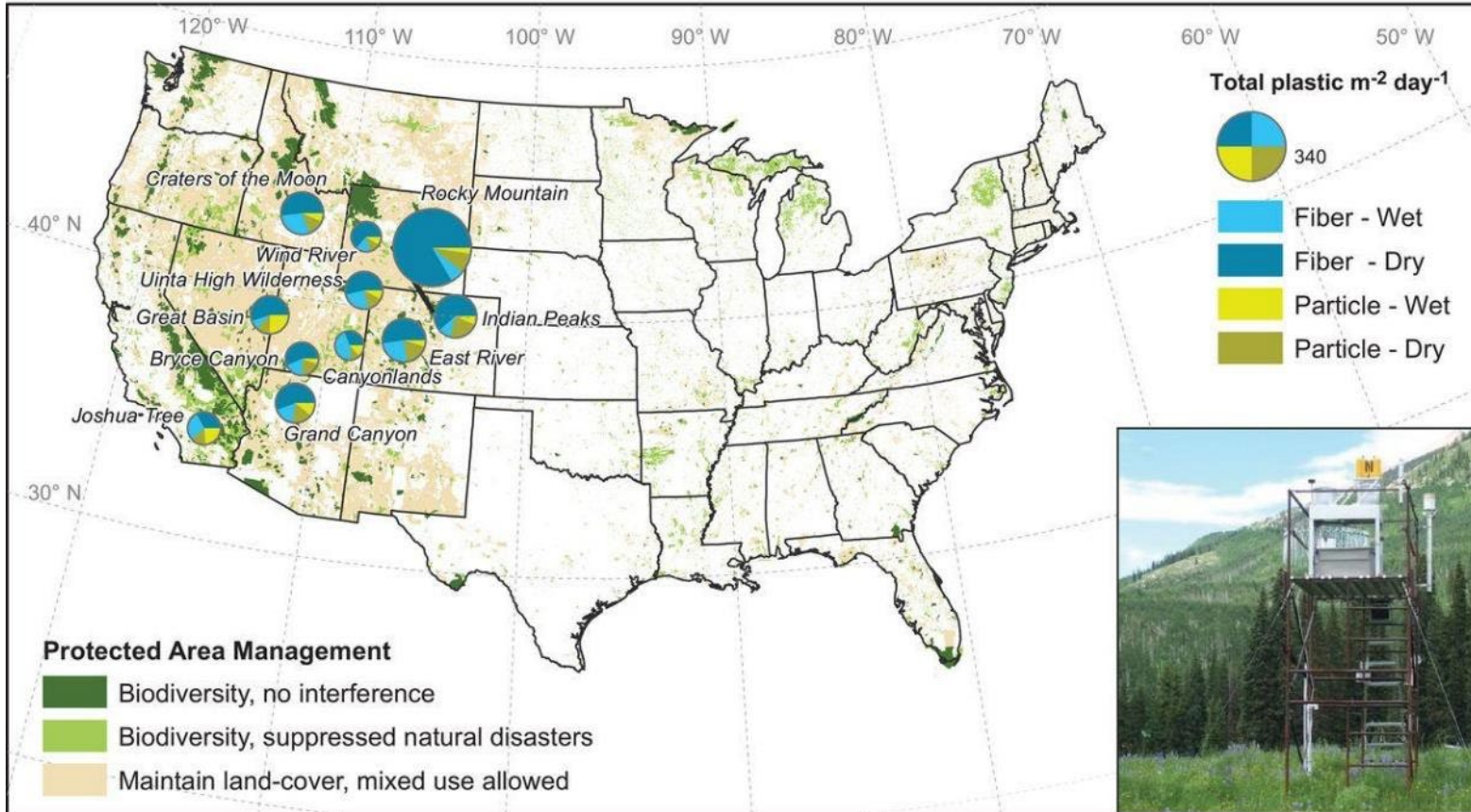


FIBERS



# PLASTIC DEBRIS IN LAKES AND RESERVOIRS WORLDWIDE

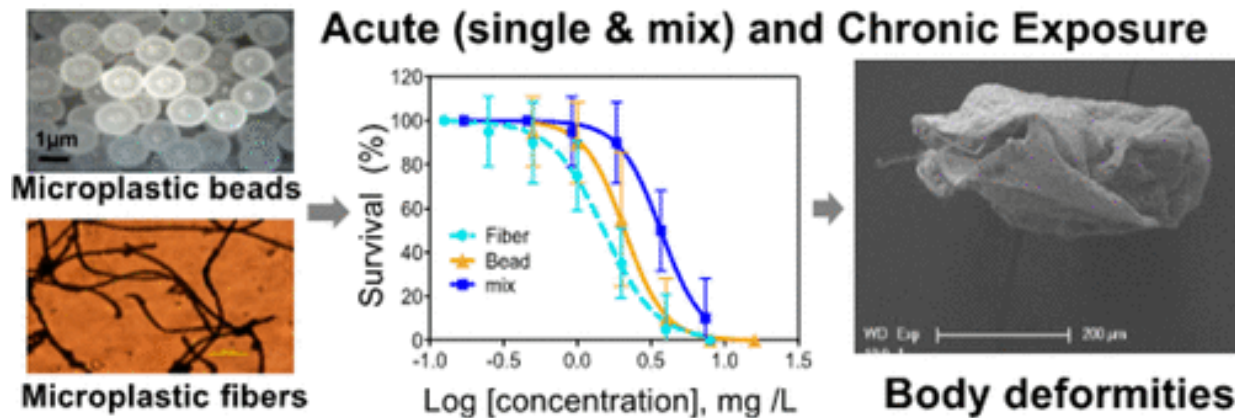
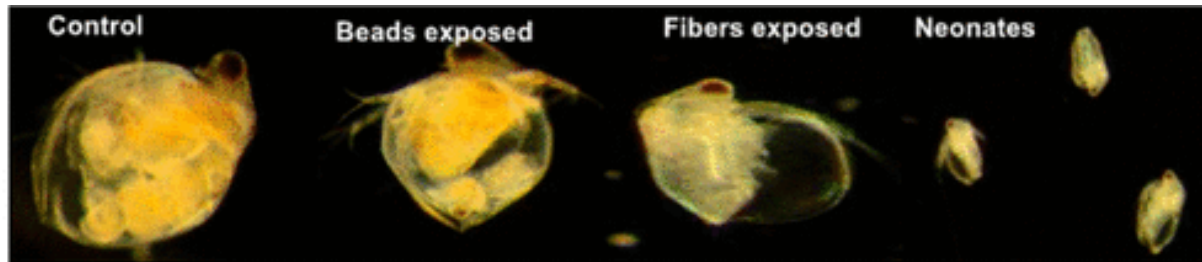
Average Wet + Dry Plastic Deposition in 2018



We even found textile fibres in lakes and reservoirs located in remote areas with limited human presence, such as Avery Lake in Michigan, USA: this highlights the importance of atmospheric deposition

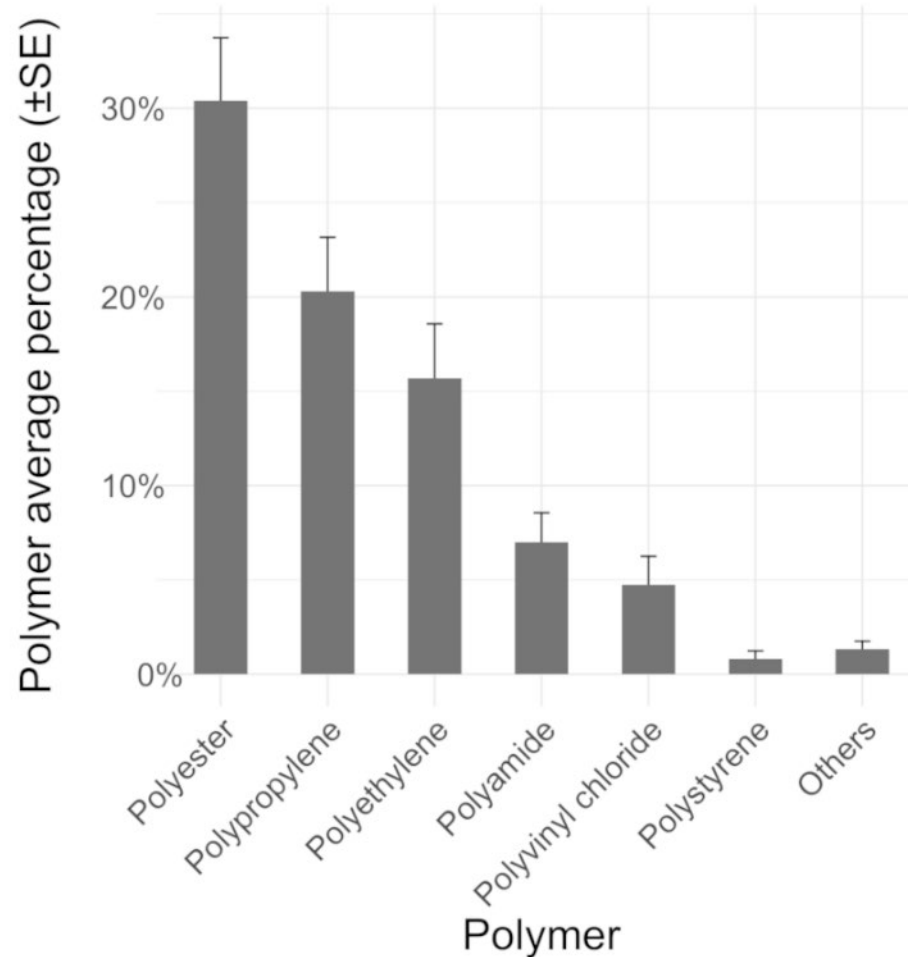
# PLASTIC DEBRIS IN LAKES AND RESERVOIRS WORLDWIDE

Other sources: more than 700,000 fibres can be released into the water system from the washing of 6 kg of laundry (Napper et al., 2016)



Greater adverse effects of fibres compared to beads have been observed on (e.g., reduced reproductive output for freshwater zooplankton *Ceriodaphnia dubia* Richard, 1894, Ziajahromi et al., 2017)

# PLASTIC DEBRIS IN LAKES AND RESERVOIRS WORLDWIDE



**Polyester** (PES), **polypropylene** (PP), and **polyethylene** (PE) constituted the majority of polymers identified, with a mean percentage of 30.4, 20.3, and 15.7

The dominance of these polymers is in agreement with previous observations and reflects their use in short life-cycle and mass produced products.

# PLASTIC DEBRIS IN LAKES AND RESERVOIRS WORLDWIDE

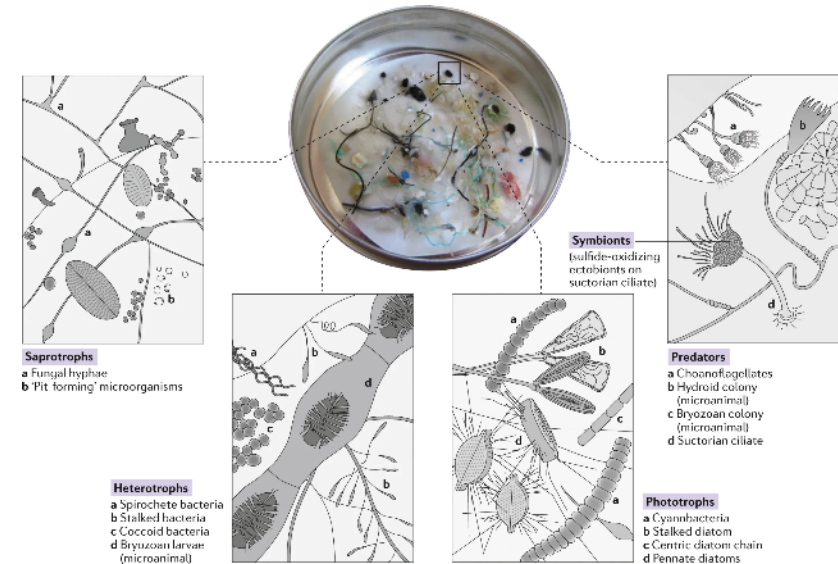
## CONCLUSIONS

- Our results underpin the **relevance of lakes** as key component **in the global 'plastic cycle'**
- Plastic contamination in lentic system can **affect ecosystem services** provided (e.g., drinking water)
- Plastic pollution can have detrimental **effects on aquatic organisms** and ecosystem **functioning** (e.g., plastics at the surface of aquatic systems can aid the release of methane and other greenhouse gases)
- **No lake** can be considered to be truly '**pristine**' from **plastic pollution**

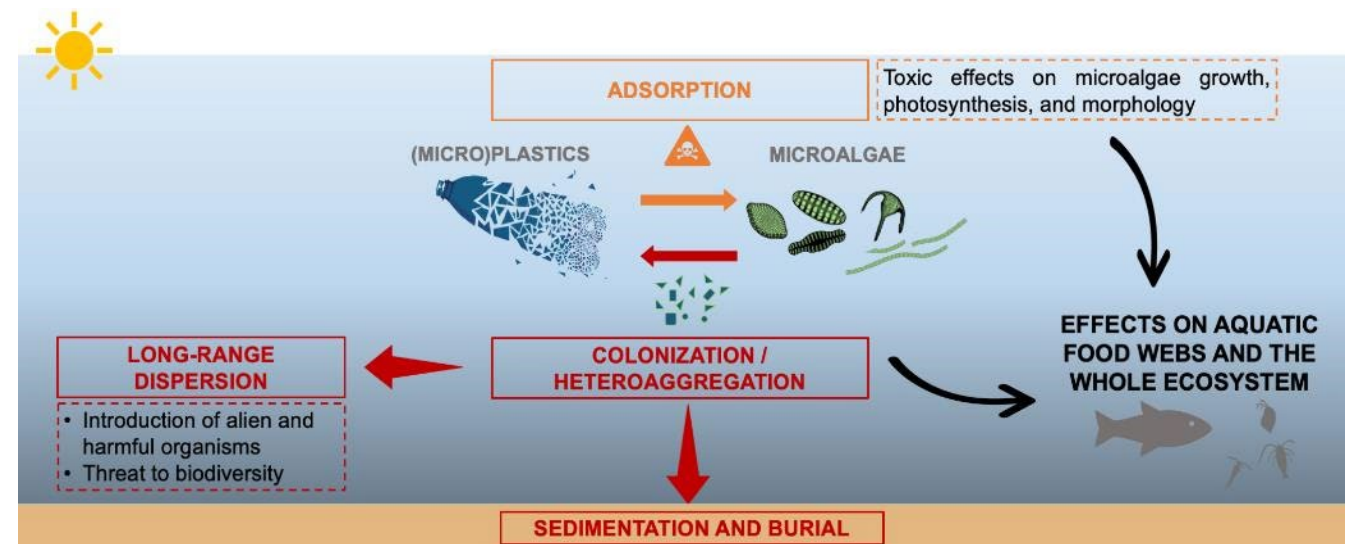
These results demonstrate the global reach of plastic pollution and serve as yet another reminder of the unfortunate and indelible signature of humanity on lakes

# ECOLOGICAL IMPLICATION OF (MICRO)PLASTIC

- Studies have shown that a variety of organisms can colonize microplastic surfaces through biofouling processes
- The term “**plastisphere**” was coined to define the diverse community of heterotrophs, autotrophs, predators, and symbionts growing on the surface of plastic debris



Amaral-Zettler et al., 2020



Nava & Leoni, 2021

# ECOLOGICAL IMPLICATION OF (MICRO)PLASTIC

Which are the effects of the **plastisphere** on **metabolic traits** in aquatic ecosystems?



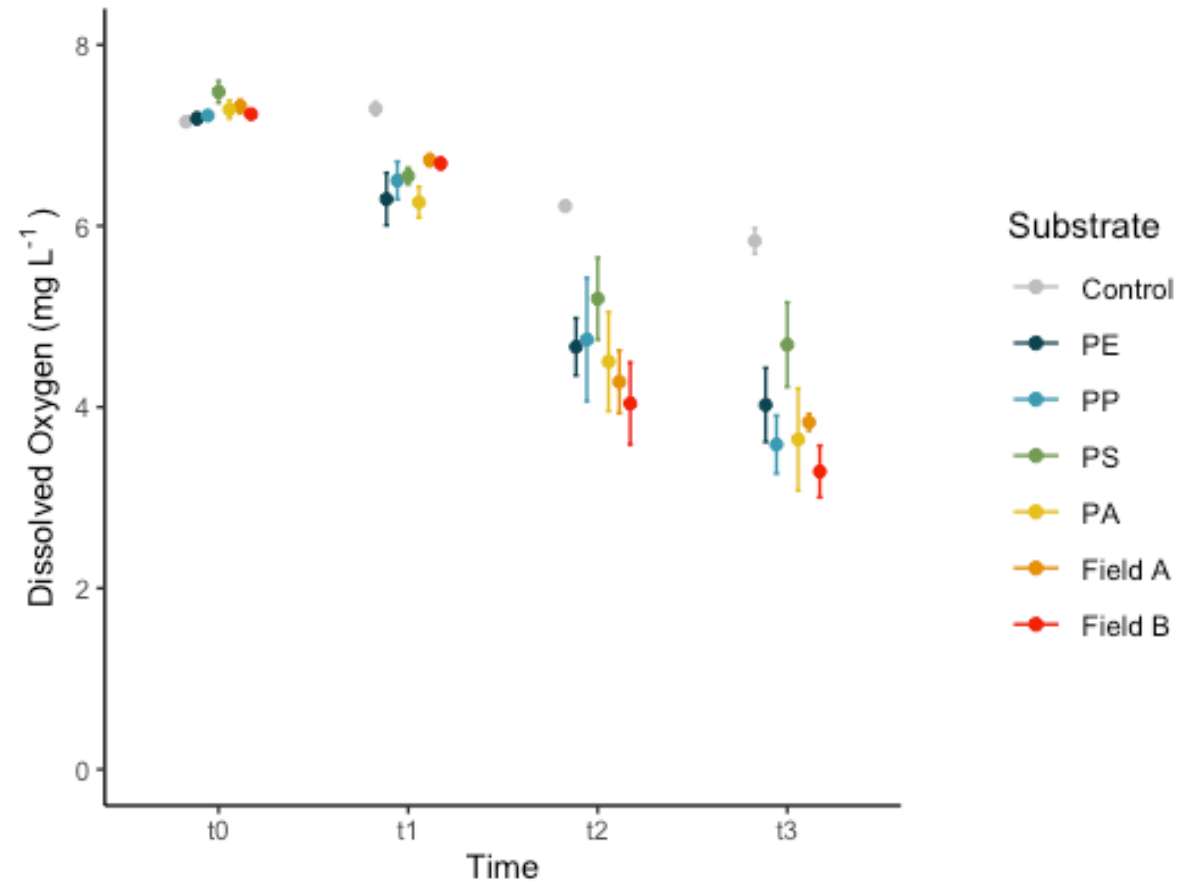
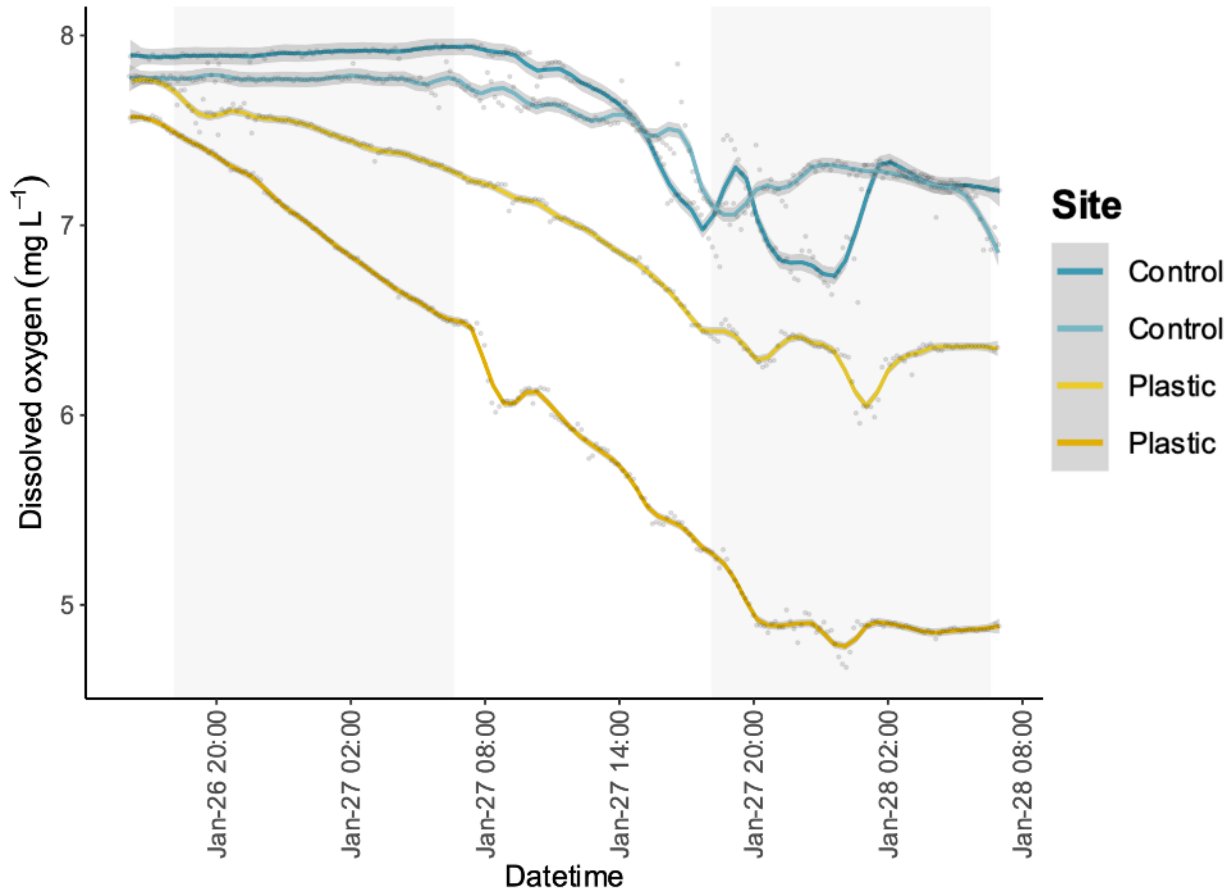
# ECOLOGICAL IMPLICATION OF (MICRO)PLASTIC

Which are the effects of the plastisphere on **metabolic traits** in aquatic ecosystems?





# ECOLOGICAL IMPLICATION OF (MICRO)PLASTIC



# TAKE-HOME MESSAGE

- These results emphasize the significance of lakes in the global 'plastic cycle'
- There is a lack of knowledge regarding the harmful effects and ecological consequences – more research is essential!
- Plastic pollution is a preventable form of contamination, and each individual holds responsibility to contribute to its prevention





University of Nevada, Reno



**Wonders of the Mekong**

A Foundation for Sustainable Development and Resilience



# THANK YOU FOR YOUR ATTENTION



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[@veronicanava22](https://twitter.com/veronicanava22)



# Plastic Pollution Research in the Tahoe Basin



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UNR MSc student  
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UNR PhD student  
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Undergraduate student  
Olivia Hines

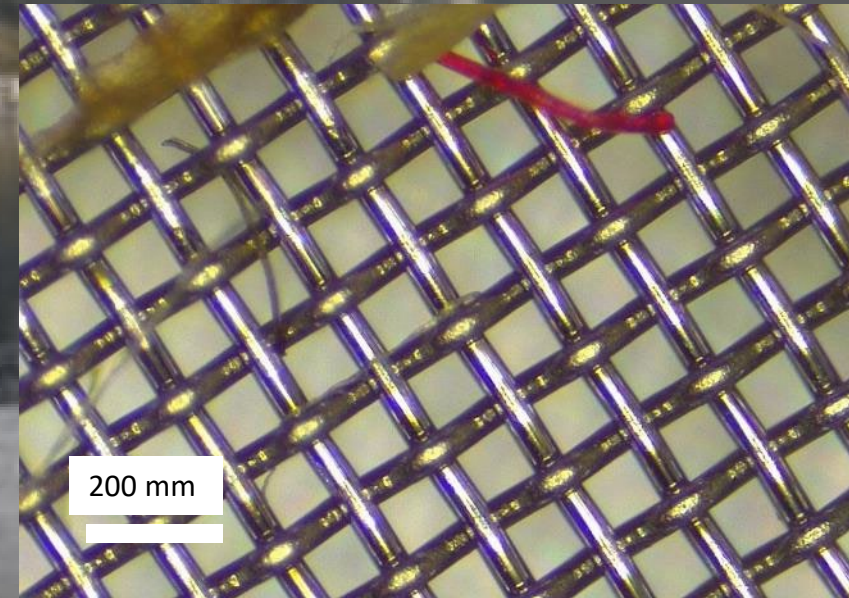


UNR BS/MS student  
Angelique DePauw

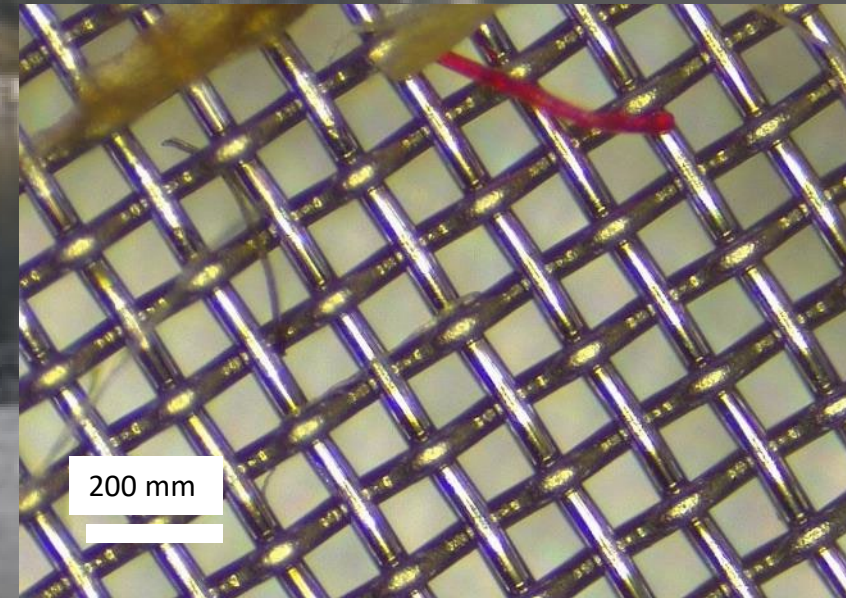


Student Researcher Hourly  
Madio Wallner









1  
PETE



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HDPE



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PVC



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LDPE

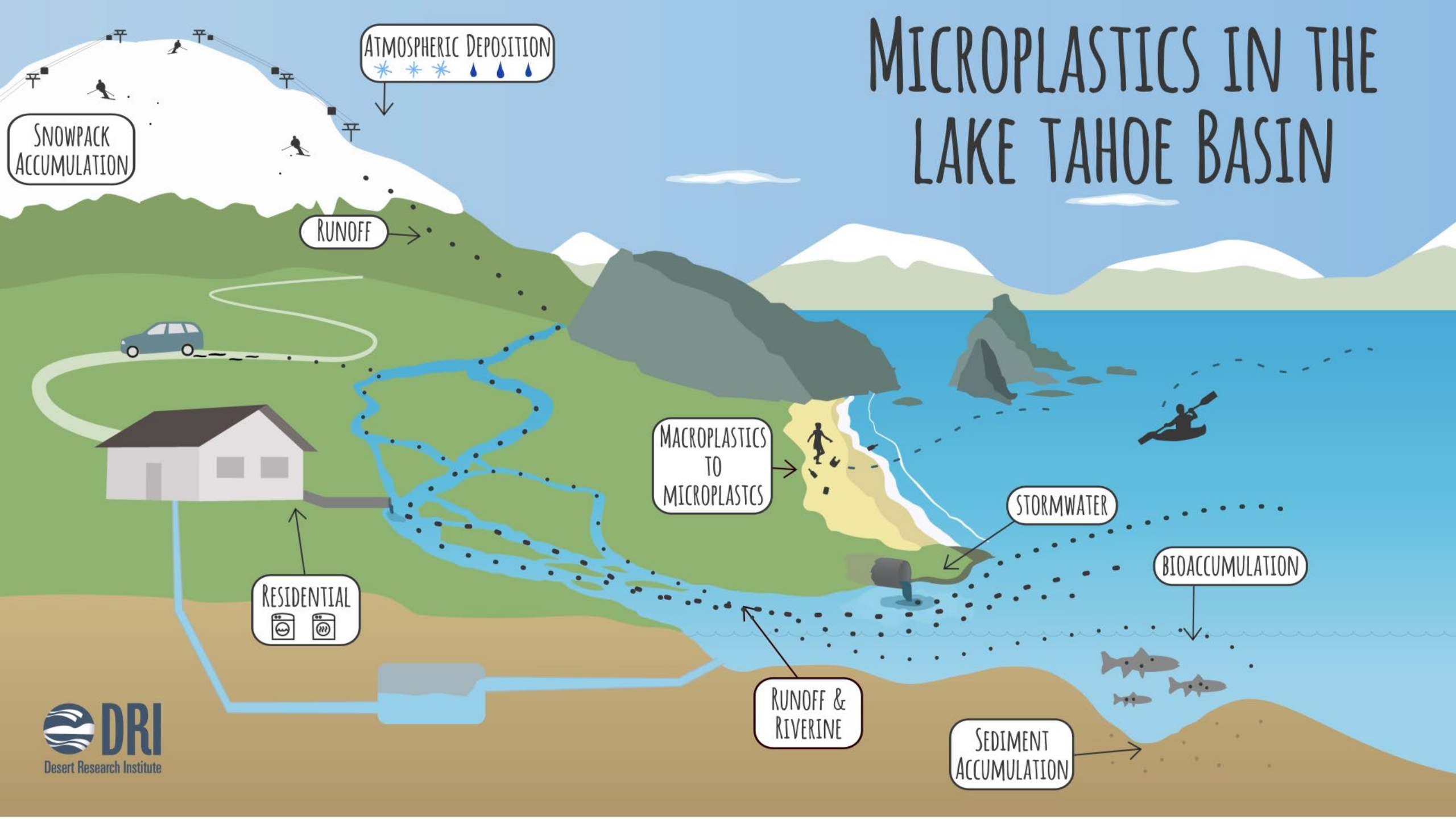


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PP

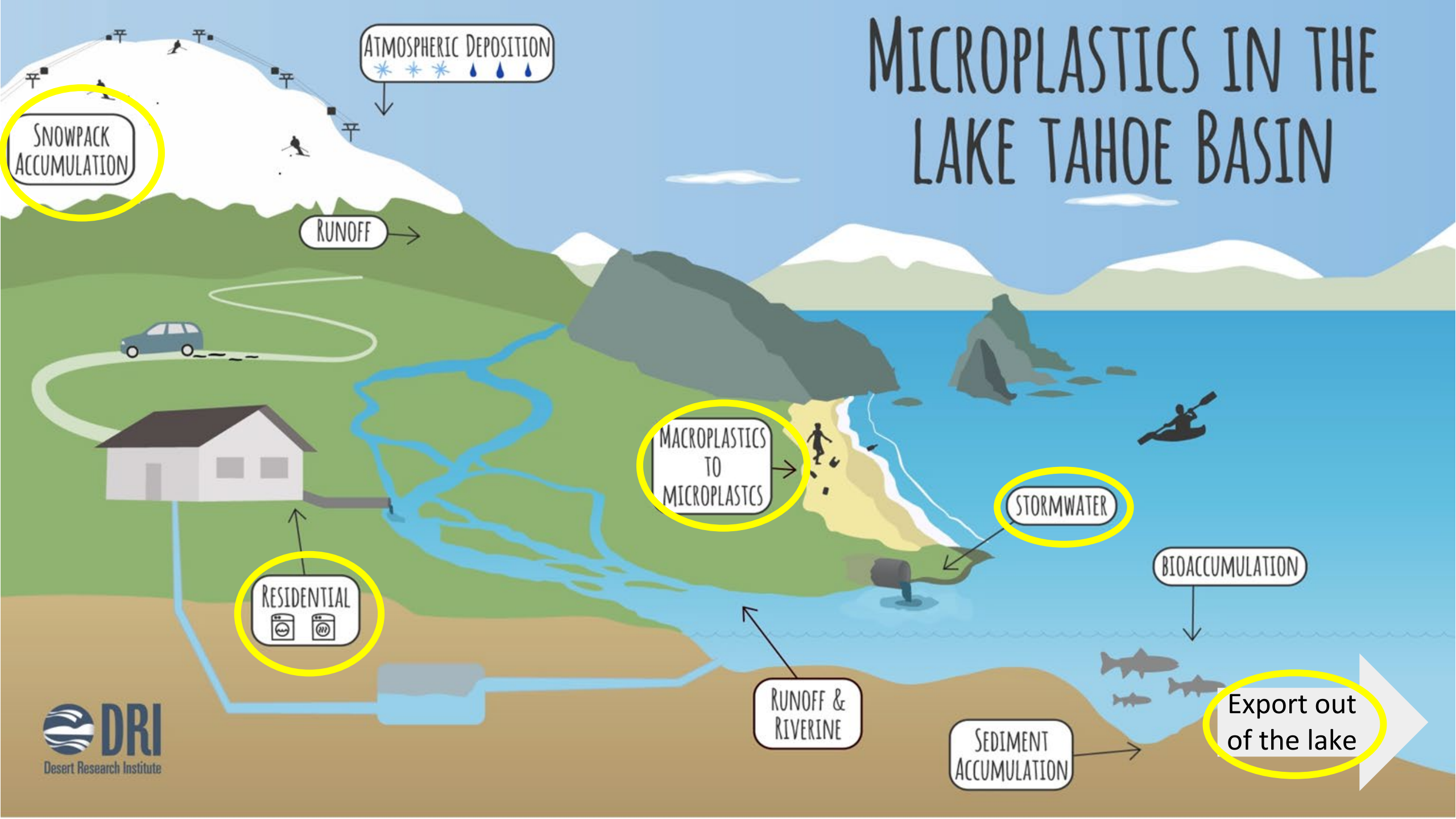


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# MICROPLASTICS IN THE LAKE TAHOE BASIN

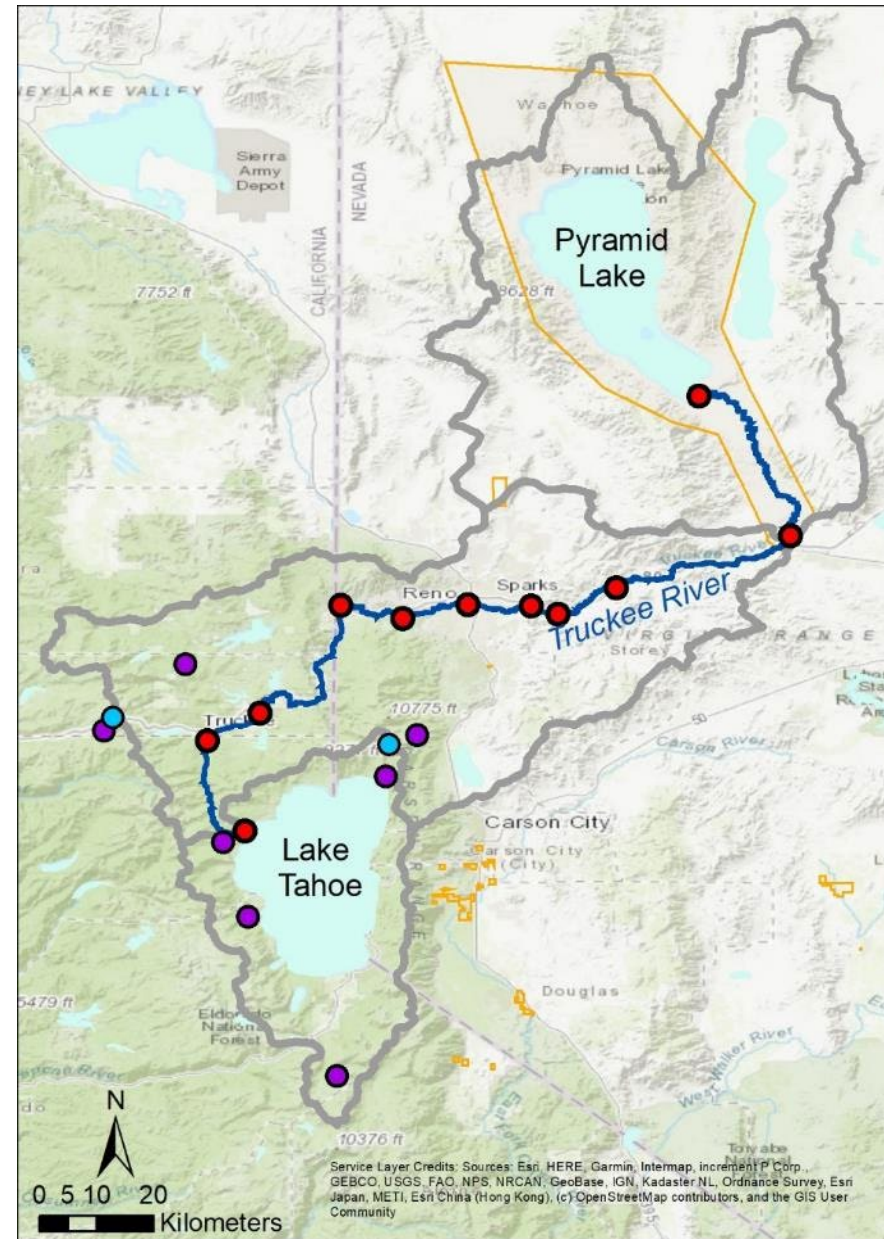


# MICROPLASTICS IN THE LAKE TAHOE BASIN



# Microplastic pollution in Sierra Nevada water and snow

- Water samples and snow samples from the Tahoe watershed.
- Novel methods are needed for different sample types.
  - Water method see Harrold et al. 2022 ES&T Water

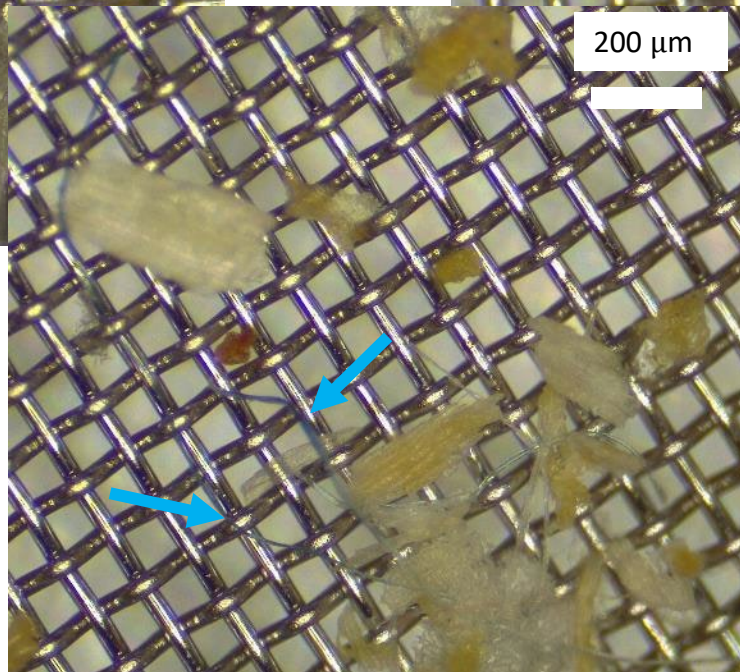
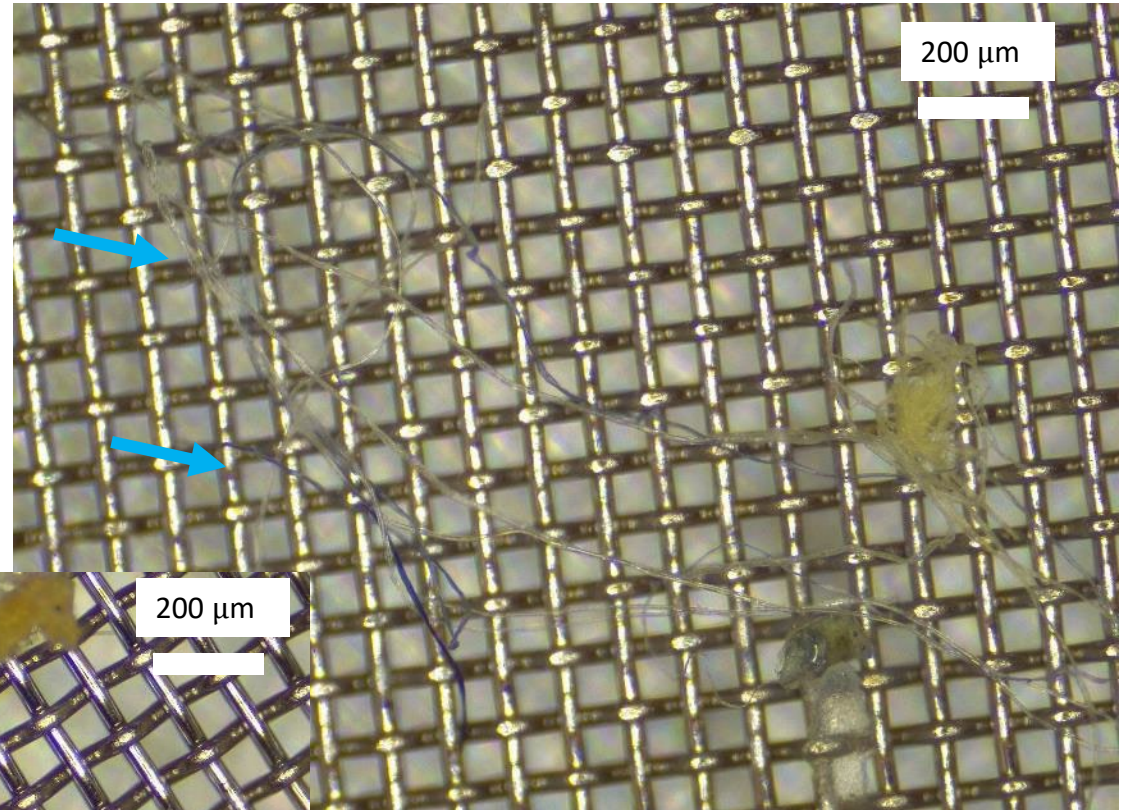
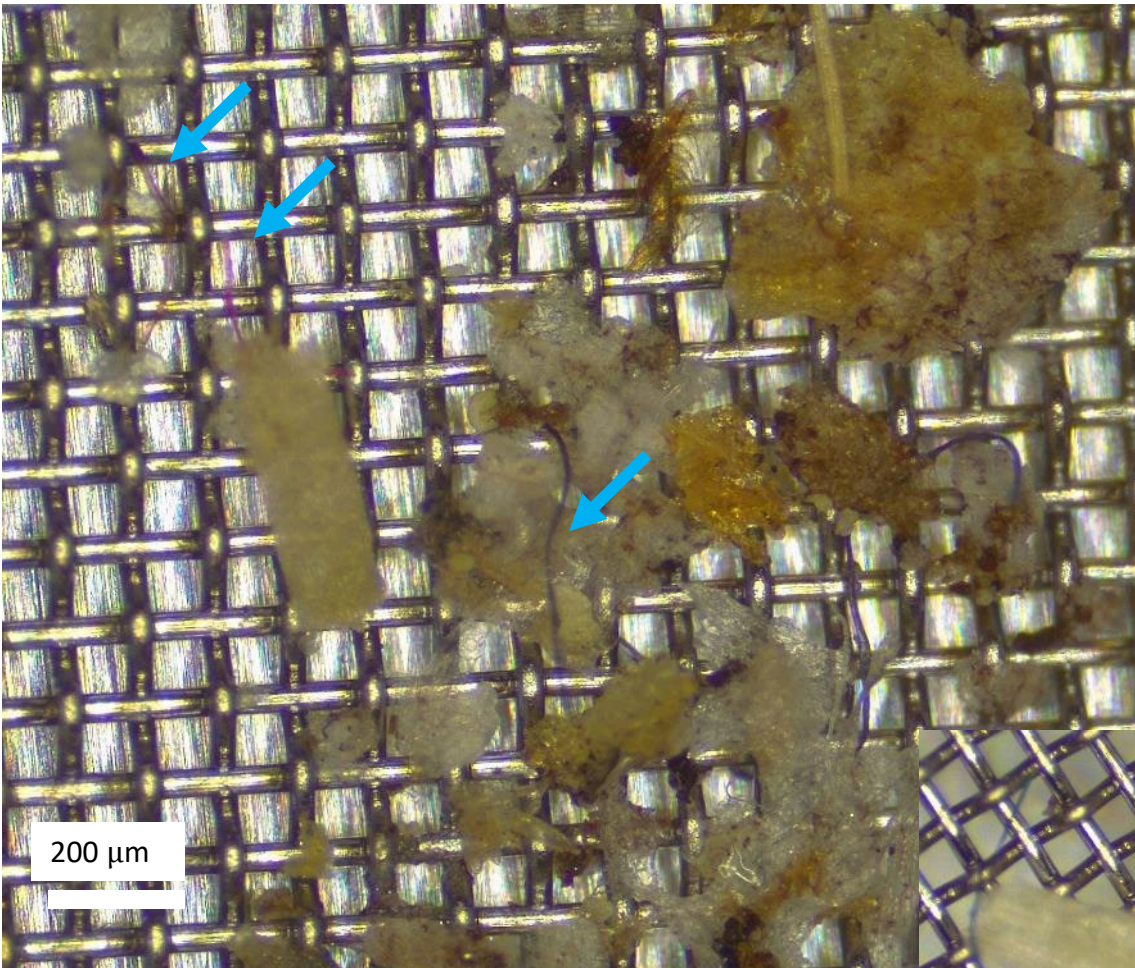


- Snow sampled 2022 only
- Snow sampled 2022 & 2023
- Truckee microplastic samples
- Reservations

# Microplastic pollution in Sierra Nevada water and snow

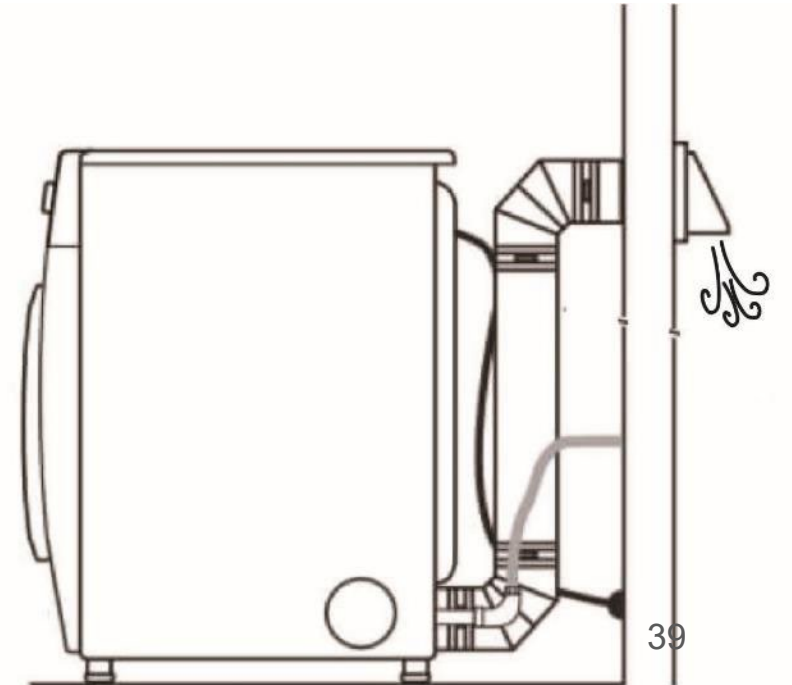
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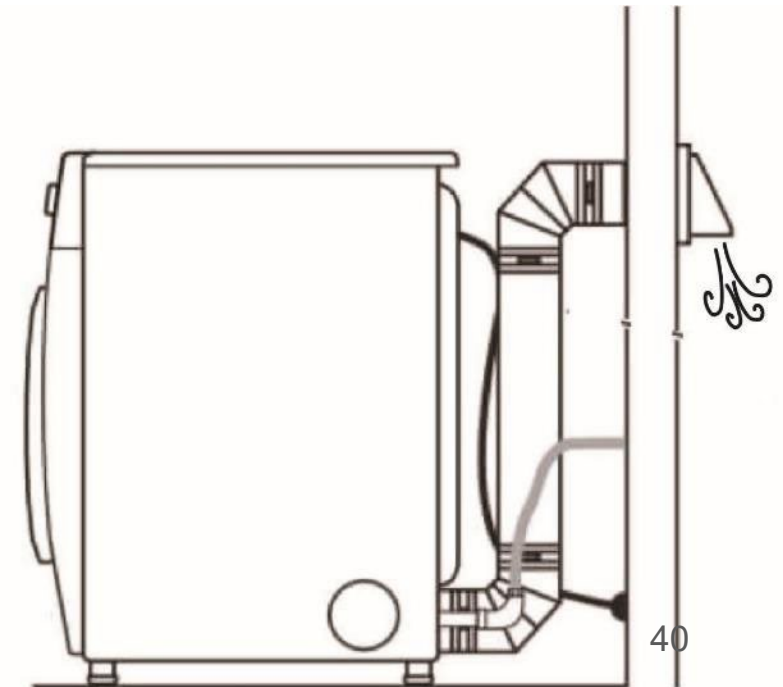
# Are dryers a source of microplastics to Lake Tahoe?

- Could this be an important source to the Tahoe watershed?
- Prior work has shown that microplastics are emitted from dryers.



# Are dryers a source of microplastics to Lake Tahoe?

- Could this be an important source to the Tahoe watershed?
- Prior work has shown that microplastics are emitted from dryers.
- Recruited 8 citizen scientists to install a mesh over their dryer vent.
- Mailed the mesh back to DRI at the end.





# Amount of material per dryer vent

Catcher no.	Amount of Lint (g)
1	1.07
2	2.2
3	0.79
4	2.15
5	2.3
7	0.55
8	0.85
<b>Average</b>	<b>1.42</b>
<b>Average per load</b>	<b>138 +/- 77 mg</b>



## Amount of material per dryer vent

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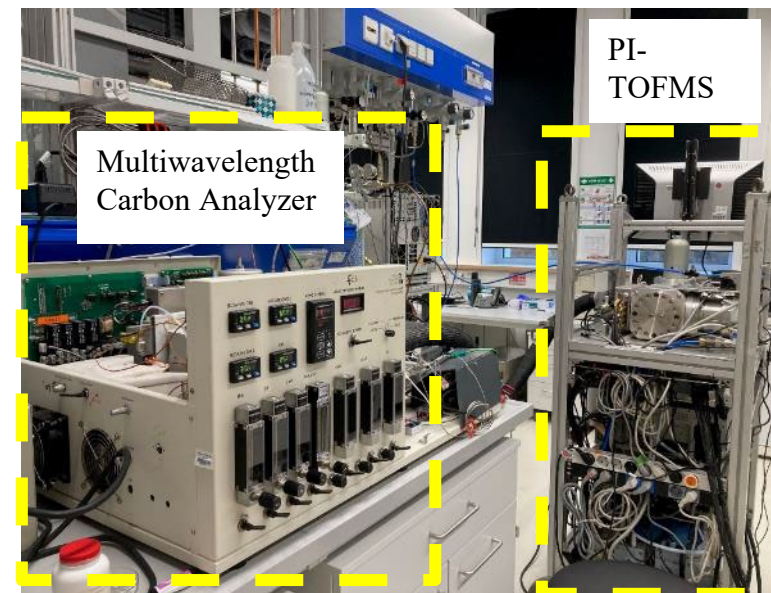


On average, 78% of the dryer vent emissions are natural materials; 22% are synthetic materials



## Where are we going in the future?

- NSF recently funded a PhotoIonization-Time of Flight Mass Spectrometer at DRI.
- This instrument is not size limited (we will be able to measure nanoplastics).
- Allow us to answer new and different questions!



# Interested in discussing microplastics further?

- **Tahoe Science Advisory Council Microplastics Subcommittee**

- *Focus on the impacts of microplastics (plastic particles <5mm to 1 micrometer) on Lake Tahoe's water quality.*
- First meeting October 25, 2023 at 9 am
- Email [marienzo@dri.edu](mailto:marienzo@dri.edu) for more information.

# Interested in discussing microplastics further?

- **Tahoe Science Advisory Council Microplastics Subcommittee**

- First meeting October 25, 2023 at 9 am

- **California Water Quality Monitoring Microplastics Subcommittee**

- *Local and global community exchange of information and data for microplastics monitoring methods and tools*

- Meet quarterly, details are shared through Lyris (waterboard)

- Next meeting is October 26<sup>th</sup>

- Two groups which are very active:

- Microplastics monitoring playbook

- Microplastics Language for Consumer Confidence Reports – soon to be released!!

- Email [marienzo@dri.edu](mailto:marienzo@dri.edu) for information on either group!

# Conclusions

- A watershed approach to studying microplastics requires novel methods and approaches.
- Tumble dryers are a potentially under appreciated source of microplastics.
- Excited to keep conversations about microplastics going!



Big thank you to our collaborators, funders, and citizen scientists!

[marienzo@dri.edu](mailto:marienzo@dri.edu)





## Science to Action: Working Together to Build Resiliency at Lake Tahoe

# Microplastics in drinking-water

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Madonna Dunbar  
Executive Director, Tahoe Water Suppliers Association  
Resource Conservationist, Incline Village Public Works  
[mod@ivgid.org](mailto:mod@ivgid.org)

Warning:  
Text heavy slides, but  
I will not read them to you!  
Presentation will be available online.





## Microplastics in drinking-water

- ◆ To better assess the human health risks and inform management actions, **researchers** should undertake targeted, well-designed and quality-controlled investigative studies to better understand the occurrence of microplastics in the water cycle and in drinking-water throughout the water supply chain, the sources of microplastic pollution and the uptake, fate and health effects of microplastics under relevant exposure scenarios.

<https://cdn.who.int/media/docs/default-source/wash-documents/microplastics-in-dw-information-sheet190822.pdf>

### How much microplastic has been found in drinking-water and drinking-water sources?

In freshwater studies, reported microplastic particle counts ranged from around 0 to 1000 particles/L. Only nine studies were identified that measured microplastics in drinking-water; these studies reported particle counts in individual samples from 0 to 10 000 particles/L and mean values from  $10^{-3}$  to 1000 particles/L. A comparison of the data between fresh water and drinking-water studies should not be made because in most cases freshwater studies targeted larger particles, using filter sizes that were an order of magnitude larger than those used in drinking-water studies.

### How do microplastics get into drinking-water?

Microplastics may enter drinking-water sources in a number of ways: from surface run-off (e.g. after a rain event), to wastewater effluent (both treated and untreated), combined sewer overflows, industrial effluent, degraded plastic waste and atmospheric deposition. Surface run-off and wastewater effluent are recognized as the two main sources, but better data are required to quantify the sources and associate them with more specific plastic waste streams. Plastic bottles and caps that are used in bottled water may also be sources of microplastics in drinking-water.



Lake Tahoe has a high concentration of microplastics, global research shows. Research published in Nature reveals concentrations of microplastics in 38 lakes with plastic debris from textiles frequently identified.

[Science & Technology](#) | July 12, 2023

<https://www.unr.edu/nevada-today/news/2023/lake-tahoe-microplastic>

Lake Tahoe, which had the third highest plastic levels, is an anomaly in the study. Tahoe is not densely populated (except for tourism influx), wastewater has been exported for the past 50 years, and policies are in place to limit excess runoff into the lake.



# To Sink or Swim: A Snapshot Evaluation of the Fate and Types of Microplastics in Lake Tahoe



A Report to the Nevada Division of Environmental Protection.

Gjeltema, J., Senft., K. Lang, J., Sesma, S. and Schladow, G. 2023.

[ucdavis.edu](http://ucdavis.edu)

The primary goal was to examine and document the current status of microplastic pollution within Lake Tahoe.

Municipal water samples sourced from the lake were also evaluated for the presence of microplastic particles.





Table 3. Detailed project overview of sample collections, laboratory methods, spectral analysis and size detection limits.

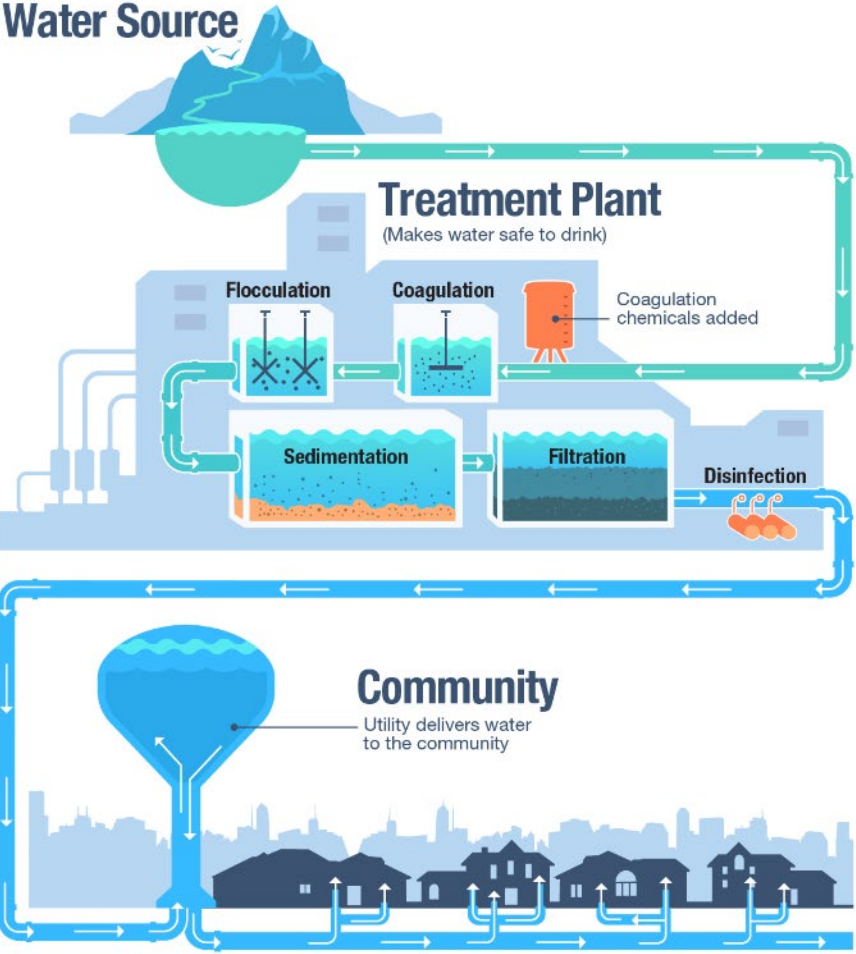
Project Overview Summary of Samples and Analysis					
Sample Type & Collection Method	Collection Method	Number	Sample Preparation	Analysis Methods	Particle Size Limits
Surface Water (0m Depth)	Tow Net (335µm mesh)	12 monthly tows over 1 year	Digestion of organic material Filtration Hand Selection and Mounting	Raman microspectroscopic Analysis Visual Particle Characterization Digital imaging and measurement	>335µm
Subsurface Water (15m avg. Depth)	Tow Net (335µm mesh)	12 monthly tows over 1 year	Digestion of organic material Filtration Hand Selection and Mounting	Raman microspectroscopic Analysis Visual Particle Characterization Digital imaging and measurement	>335µm
Vertical Water (0, 15, 50, 250, 450m)	Van Dorn Grab Sample	4 quarterly samples over 1 year	Sample Filtering Hand Selection and Mounting	Raman microspectroscopic Analysis Visual Particle Characterization Digital imaging and measurement	>20µm
Lake Sediment	Box Core Grab Sample	1 collection	Digestion of organic material Filtration Hand Selection and Mounting	Raman microspectroscopic Analysis Visual Particle Characterization Digital imaging and measurement	>20µm
Asian Clams	Ponar Sediment Sampler	30 clams from single collection	Digestion of organic material Filtration Hand Selection and Mounting	Raman microspectroscopic Analysis Visual Particle Characterization Digital imaging and measurement	>20µm
Kokanee Salmon	Procured by local fishermen	3 salmon stomachs	Digestion of organic material Filtration Hand Selection and Mounting	Raman microspectroscopic Analysis Visual Particle Characterization Digital imaging and measurement	>20µm
Municipal Water	Procured at two municipal sources	4 quarterly samples over 1 year	Filtration Hand Selection and Mounting	Raman microspectroscopic Analysis Visual Particle Characterization Digital imaging and measurement	>20µm



The two intakes sampled (IVGID/Edgewood) are permitted for filtration-exempt (FE) water treatment. FE permits are given only to source water systems with a history/managed BMPs ensuring low physical and biological contaminants regulated under the Surface Water Treatment Rules (SWTRs).



# Water Treatment Steps



[cdc.gov/drinkingwater](https://www.cdc.gov/drinkingwater)

CS380799

Public water systems often use a series of water treatment steps:

- *Monitoring (multistep)*
- *Coagulation*
- *Flocculation*
- *Sedimentation*
- *Filtration*
- *Disinfection*
- *Distribution*

Filtration Exempt Water (FE) systems require fewer water treatment steps:

- *Monitoring (multistep) and water quality*
  - *Disinfection*
  - *Distribution*
  - *Watershed Control Program*
- 
- Six TWSA members including the IVGID/Edgewood are permitted as FE water treatment systems. Only 160 FE systems out of 160,000 public water systems.



## To Sink or Swim: A Snapshot Evaluation of the Fate and Types of Microplastics in Lake Tahoe



### MUNICIPAL WATER

A total of 155 suspected plastic particles were collected from municipal waters obtained via samples collected quarterly from two separate sites. A total of 19 particles were composed of plastic based on Raman microspectroscopic analysis. Out of these 19 particles, 84% (n=16) matched to control spectra obtained from blanks and background spectra. Three microplastic particles were composed of plastics not found in control samples. Two particles were composed of polypropylene and one particle was composed of polyester.

Microplastic Particles From Municipal Water Samples						
Date	Site (# replicates)	Total Sample Volume (L)	Suspected plastic particles	Confirmed plastic particles	Microplastic abundance	Plastic type
		L	number	number	particles/L	
6/13/2021	Edgewood (3)	10.49	10	1	0.100	PP
	IVGID (2)	6.91	18	1	0.055	PP
8/24/2021	Edgewood (2)	7.45	8	0	0.000	
	IVGID (2)	7.38	10	0	0.000	
11/15/2021	Edgewood (3)	10.67	21	1	0.094	PES
	IVGID (2)	7.21	39	0	0.000	
2/9/2022	Edgewood (3)	10.99	38	0	0.000	
	IVGID (2)	7.34	11	0	0.000	
All dates	Edgewood (11)	39.6	77	2	0.050	
	IVGID (8)	28.84	78	1	0.035	
All dates	All sites	68.44	155	3	0.044	PP, PES



What does this sampling mean for Tahoe Tap? Initial sampling shows excellent source water. Water suppliers are motivated to continue sampling efforts.



Drinking water regulatory environment moving towards standardization and prescriptive monitoring.

## **LAKE TAHOE MUNICIPAL TAP WATER**

**AVERAGE OF 0.044 PARTICLES/L**

**1 PLASTIC PARTICLE PER 22.7/L**

**AT 3 L/DAY = POTENTIAL 1 PLASTIC PARTICLE /WEEK**

Comparison:

Average of 325 microplastic particles per liter of bottled water.

<https://www.frontiersin.org/articles/10.3389/fchem.2018.00407/full> Sherri A. Mason\*



**Next steps: NATIONAL LEVEL: Monitoring and Regulatory Standards  
(NATIONAL)  
Fifth Unregulated Contaminant Monitoring Rule (UCMR5) USEPA 2021**



Requires nationwide monitoring for UCMR 5 requires sample collection for 30 chemical contaminants (PFAS and lithium) between 2023 and 2025 using analytical methods developed by EPA/consensus organizations.

All PWSs serving more than 10,000 people, all serving 3,300 to 10,000 people, and 800 representative PWSs serving fewer than 3,300 people will be monitored. UCMR 5 will provide new data ed to improve overall understanding of the frequency of PFAS compounds that may be found in drinking water systems.

Microplastics, can be composed of PFAS (eg: polytetrafluorethylene used as nonstick coating on cooking pans) monitored in the municipal waters of Lake Tahoe under URCM 5. TWSA water suppliers TWSA have begun mandatory water sample collections.





**STATE LEVEL: California – leading research and standards driven by the Fifth Unregulated Contaminant Monitoring Rule (UCMR5)**

[https://www.waterboards.ca.gov/drinking\\_water/certlic/drinkingwater/docs/2022/mp-hndbk.pdf](https://www.waterboards.ca.gov/drinking_water/certlic/drinkingwater/docs/2022/mp-hndbk.pdf)



**Developing the standards:** In May 2022, California’s State Water Resources Control Board issued the world’s first standard protocols for monitoring microplastics in drinking water (SWB-MP2-rev1) establishing a critically important standard for future research and monitoring programs.

State Water Board is reviewing existing research and studies to accomplish the following tasks:

- Adopt a standard methodology for testing of microplastics in drinking water;
- Adopt requirements for four years of testing and reporting of microplastics in drinking water, including public disclosure of those results;
- Consider issuing quantitative guidelines (e.g., notification level) to aid consumer interpretations of the testing results, if appropriate;
- Accredit qualified laboratories in California to analyze microplastics in drinking water.

**These are critical steps needed in data collection standardization, laboratory reporting methods, and sample collection protocols. These steps will lead to data that is easier for the user to compare across waterbodies, studies, and reports.**



## **STATE LEVEL: Nevada – Fifth Unregulated Contaminant Monitoring Rule**

Nevada will follow EPA's drinking water regulation regarding PFAS (when finalized) to ensure the continued safety of Nevadan's drinking water.

Aside from drinking water, CA and Nevada regulate and restrict the use of PFAS. Since January 1, 2022, the use or release of class B firefighting foams containing PFAS has been prohibited in both California and Nevada.

### **CONSUMER LEVEL: Will I be notified if PFAS is found in my water? Yes**

EPA Regional offices will be notified of the UCMR 5 preliminary results monthly. EPA Regions will then report preliminary PFAS results above the EPA Health Advisory to the State, which will then notify the public water systems. Public water systems are required to notify customers about the availability of all UCMR results no later than 12 months after they are known. Community water systems are also required to report UCMR results in their annual Consumer Confidence Reports when unregulated contaminants are found.

[https://ndep.nv.gov/uploads/documents/FINAL\\_PFAS\\_Action\\_Plan.pdf](https://ndep.nv.gov/uploads/documents/FINAL_PFAS_Action_Plan.pdf)



**If you are concerned about consuming microplastics - drinking Tahoe Tap from a glass or refillable bottle remains the best choice compared to plastic single-use bottles. If in doubt, use a quality point of use filter.**

**How do you remove PFAS from drinking water?**

Newer technologies have been found to remove PFAS from drinking water, especially PFOA and PFOS, which are the most studied of these chemicals. Those technologies include activated carbon adsorption, ion exchange resins, and high-pressure membranes. These technologies can be used in drinking water treatment facilities, in water systems in hospitals or individual buildings, or even in homes at the point-of-entry, where water enters the home, or the point-of-use, such as in a kitchen sink or a shower.



# SINGLE-USE WATER BOTTLE REDUCTION



**LOCAL LEVEL: California – Regulatory Standards (LOCAL):**



**City of South Lake Tahoe commercial water bottle ban – full effect April 2024**

<https://legistarweb->

[production.s3.amazonaws.com/uploads/attachment/pdf/1545575/Ordinance\\_Amending\\_Chapter\\_4.175\\_Single-Use\\_Plastics\\_.pdf](https://legistarweb-production.s3.amazonaws.com/uploads/attachment/pdf/1545575/Ordinance_Amending_Chapter_4.175_Single-Use_Plastics_.pdf)



**Town of Truckee Council consideration of similar ordinance 2023-24**



**Basin wide regulatory potential? Trash as a Watershed Contaminant?**



## CONSUMER & LOCAL LEVEL:

<https://takecaretahoe.org>

Take Care Tahoe Tap Actions:

- Take Care Tahoe messaging partner
- Refill your water bottle with Tahoe Tap
- Water refill station map of filling locations
- Grant Program for Water Filling Stations





Fill up with the world's best water,  
anywhere you go in Tahoe.  
[drinktahoetap.org](http://drinktahoetap.org) #drinktahoetap

Navigation: Welcome to Tahoe | How to Take Care | Events | Centers | **Water Stations** | Explore More

### Water Filling Stations

Search: [Search] Filters [v] Reset [R]

	Homewood Mountain Resort 5145 W Lake Blvd, Homewood, CA 96141, USA
	The Inn at Boatworks 790 N Lake Blvd, Tahoe City, CA 96145, USA

Map: Search as I move the map. UC Davis Tahoe Environmental Research Center: 291 Country Club Dr, Incline Village, NV 89451, USA



CONSUMER & LOCAL LEVEL: [www.tahoeh2o.org](http://www.tahoeh2o.org)

Special events hydration stations  
Community Cleanups/Microplastics *Fill for Fill* challenge



**Tahoe Water  
Suppliers  
Association**  
Protect the Source





## It All Supports Source Water Protection



Every molecule of plastic ever created still exists. Really?

[www.drinktahoetap.org](http://www.drinktahoetap.org)

Tahoe Environmental Research Center  
Science to Save Lake Tahoe

About > Research > Science Education > Lake Conditions > Events > Publications > Giving > Quick Links <

Microplastics

The plastics you bring are here to stay...  
They might get smaller...  
But they don't go away...  
Take Action!

<https://tahoe.ucdavis.edu/microplastics>

# Science to Policy- Microplastics



Laura Patten  
Senior Science Policy Analyst  
League to Save Lake Tahoe





# 01

## The Litter Problem

5<sup>th</sup> of July Cleanup and  
10 years of cleanup data

Plastics as the main  
culprit

If microplastics are in  
Tahoe, they are  
everywhere

# 02

## The Power of Science and Robots

Citizen Science  
Tahoe App

Dryer Vent Study

BEBOT

# 03

## Advocacy Solutions

Plastic Water  
Bottle Ban in  
South Lake Tahoe

Other solutions

# 01

## The Litter Problem



# Tahoe Has a Litter Problem

5<sup>th</sup> of July Cleanup and 10 years of cleanup data

Thousands of pounds at unmanaged sites, most of this is plastic

## Plastics as the main culprit

2014-2022 Volunteer Statistics: 152,672 pieces of plastic

27,779 plastic bottle caps

25,312 pieces Styrofoam

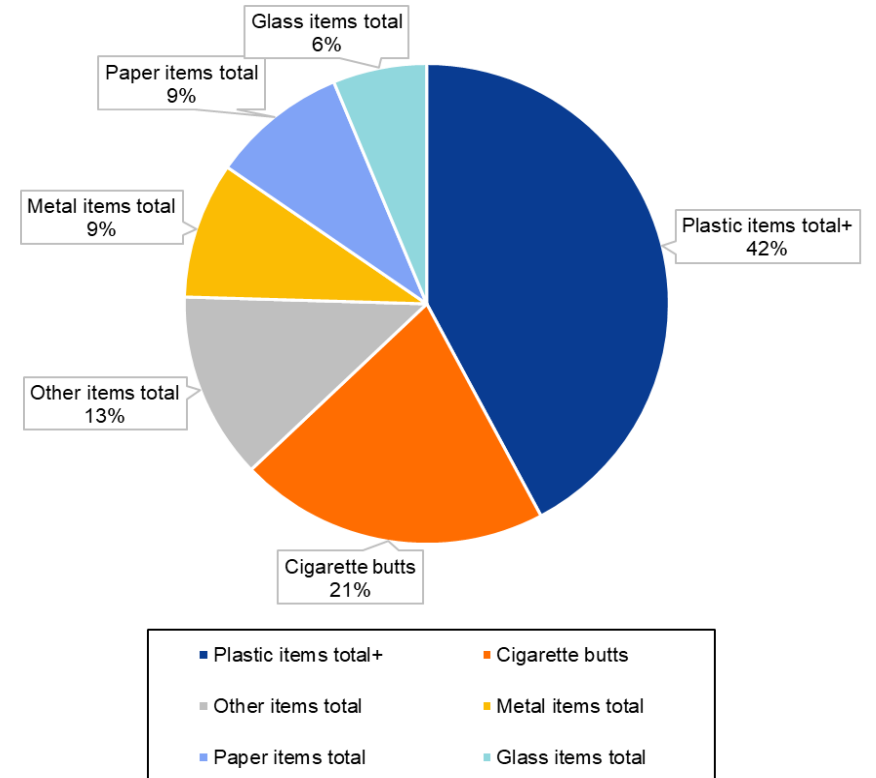
19,864 plastic bottles

18,682 plastic straws

If microplastics are in Tahoe, they are everywhere



2014-2023 Keep Tahoe Red, White, & Blue Litter Data



02

**The Power of Science and Innovative  
Technologies**

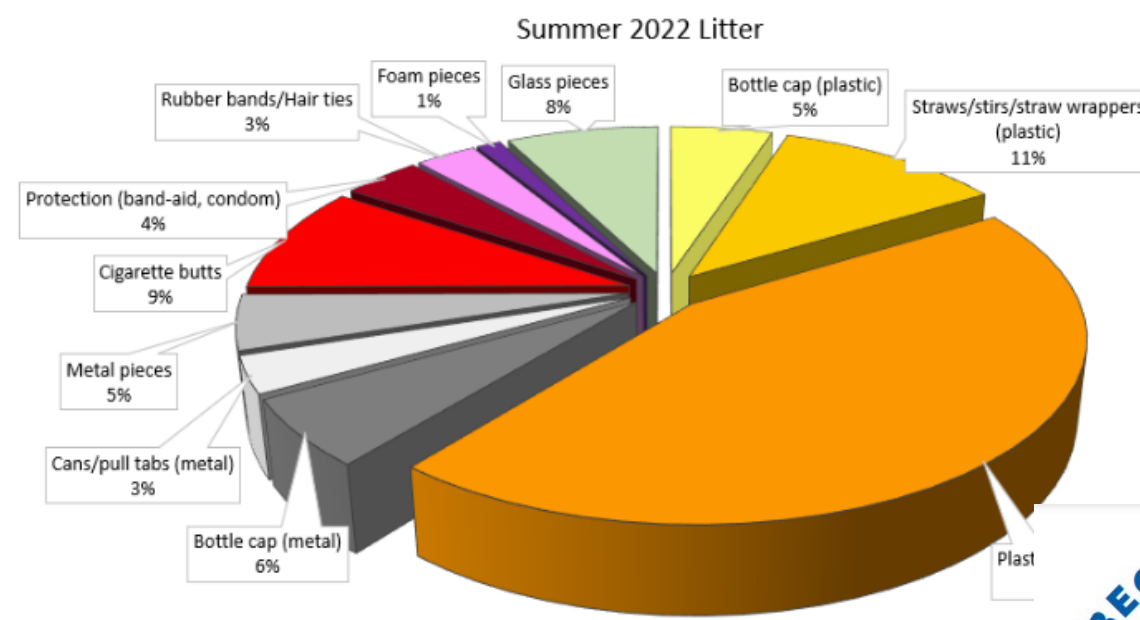


# Citizen Science and Innovation- a Call to Action

Pipekeepers Program and the Dryer Vent Study- the What

Citizen Science Tahoe App- the How

BEBOT and the Importance of Pilot Programs to remove plastics- the Action



- Bottle cap (plastic)
- Plastic pieces
- Cans/pull tabs (metal)
- Cigarette butts
- Rubber bands/Hair ties
- Glass pieces
- Straws/stirs/straw wrappers
- Bottle cap (metal)
- Metal pieces
- Protection (band-aid, condom)
- Foam pieces

REPORT ENVIRONMENTAL OBSERVATIONS  
**PROTECT TAHOE FOR FUTURE GENERATIONS**

In less than five minutes, you can help protect Tahoe's beauty and health with the free [CITIZEN SCIENCE TAHOE APP](#). While you enjoy the beaches, blue waters and mountains, share your observations to help scientists better understand and protect Lake Tahoe.

**WHAT YOU CAN REPORT:**

<p>INVASIVE SPECIES</p>	<p>WATER QUALITY</p>	<p>ALGAE</p>	<p>WILDFIRE ASH</p>	<p>LITTER &amp; GRAFFITI</p>
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SCAN WITH PHONE



**Advocating for Solutions to  
Reduce Microplastics at their  
Source**

**03**



# TAHOE HAS A LITTER PROBLEM

## TO-GO FOOD IS A MAJOR CULPRIT

We will only provide utensils, straws and napkins when requested.



### TAKE CARE OF TAHOE & KEEP TAHOE BLUE:

- Toss your to-go garbage at home
- Trash cans overflow quickly- *trash next to the cans harms wildlife*
- Switch to reusables



Thank you for being part of the solution  
[keoptahoeblue.org](http://keoptahoeblue.org)

## Science to Solutions: Advocacy

We know the problem- microplastics

We have the data- 10 years

We have science- focus on science that impacts management

Advocating for solutions- Plastic Water Bottle Ban in the City of South Lake Tahoe



### EXPANDED POLYSTYRENE (STYROFOAM) AND SINGLE-USE PLASTIC REGULATIONS

Plastics, including polystyrene, damage Lake Tahoe's sensitive natural habitats and scenic beauty. These materials are not biodegradable, nearly impossible to recycle, and persist for many years in the environment by disintegrating into smaller plastic particles.

In October 2022, the City Council responded to these challenges by updating its ordinance in order to minimize the potential for this waste entering our local ecosystem. To understand these changes and to make sure you comply with the City's ordinance, please continue reading on the reverse side.



#### RESTAURANTS & OTHER FOOD PROVIDERS

Since 2018, the following single-use plastic containers and related foodservice ware items may be provided to customers only upon request: cups, bowls, plates, trays, cartons, clamshell containers, cup lids, utensils (forks, knives, spoons, and sporks), chopsticks, straws, and stirrers. The ordinance prohibits the use of polystyrene (Styrofoam) food and drink containers.



**EFFECTIVE JANUARY 1, 2023:** Plastic condiment cups and packets may be provided to customers **ONLY** upon request.



Acceptable alternative products include uncoated paper, coated paper, cardboard, aluminum foil, and compostable or "bio-products."

#### GROCERY STORES & OTHER RETAILERS

The ordinance prohibits the retail distribution or sale of any polystyrene (Styrofoam) product, such as disposable foam trays for uncooked products, foam coolers, cups, plates, bowls and packing peanuts, except for products wholly encased in durable material, such as paddleboards and life preservers.

**EFFECTIVE JANUARY 1, 2023:** The sale of polystyrene (Styrofoam) products is prohibited. There are no exceptions for polystyrene raw meat, fish, and food trays or for food prepared or packaged outside of South Lake Tahoe in polystyrene containers.



For more information, and to view the ordinance, visit [cityofslt.us/plasticwaste](http://cityofslt.us/plasticwaste) or scan the QR code. Send us a question: [publicrelations@cityofslt.us](mailto:publicrelations@cityofslt.us)



CITYOFSLT.US • (530) 542-6000 • @CITYOFSLT



# California State Water Resources Control Board

## Trash Implementation Program

The Future

Emerging technology used to remove plastics (terrestrial and on the water)

Funding Science- are plastic alternatives better?


Trash amendments and role of agencies

Reviewing code- how can we do better for source reduction?

Engaging the Community to Advocate for Source Reduction





- 
- **Microplastics are an emerging science**
  - **Need to focus science and solutions on management of this potential pollutant**
  - **Identify at least one action that reduces microplastics in Lake Tahoe and elsewhere**





**Thank you**

**Laura Patten**

**[laura@keptahoeblue.org](mailto:laura@keptahoeblue.org)**



# Questions for our panelists?

Veronica Nava  
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Monica M. Arienzo  
[marienzo@dri.edu](mailto:marienzo@dri.edu)

Madonna Dunbar  
[mod@ivgid.org](mailto:mod@ivgid.org)

Laura Patten  
[laura@keptahoeblue.org](mailto:laura@keptahoeblue.org)

# Microplastics Discussion

- 1) 5 minutes: Silently read through questions on worksheet and record your thoughts and notes based on presentation and questions that resonate with you.
- 2) Split into groups of ~6 participants. Identify a notetaker. One colored worksheet is provided for the notetaker to record the group's collective brainstorm.
- 3) ~30 minutes: In your groups, discuss answers to the questions that resonated with you.
- 4) ~15 minutes: Choose a group representative to provide a brief report, themes, etc. that came out of their discussions.

# Microplastics Discussion Questions

- 1) During these presentations, did anything stand out as new, surprising, or as an “a-ha moment?”
- 2) What do you think are the most pressing current issues for this topic?
- 3) How is climate change influencing microplastic research and management priorities?
- 4) What are we not doing/studying/monitoring/collecting that could influence policy? What should we be doing? Are there resources that could help us coordinate this action?
- 5) How can science better support managers' needs in the basin in regard to microplastics and plastic litter?
- 6) How can we leverage data collected by various groups (microplastics but also macroplastics and nanoplastics) to better understand this pollutant?
- 7) What are some obstacles that we need to overcome to improve science delivery?
- 8) How do you regulate microplastics an emerging contaminant/watershed pollutant?
- 9) Do you have anything else to add?